## Native Plants for Butterflies

| Genus Species | Common Name | Food | Larval Plant | Butterfly |
|---|---|---|---|---|
| **Trees** | | | | |
| *Acer nigrum* | Black Maple | | | |
| *Acer rubrum* | Red Maple | | | |
| *Acer saccharinum* | Silver Maple | | | |
| *Acer saccharum* | Sugar Maple | | | |
| *Acer spicatum* | Mountain Maple | | | |
| *Amelanchier arborea* | Common Serviceberry | | | |
| *Amelanchier laevis* | Juneberry, Allegheny Serviceberry | | | |
| *Amelanchier spicata* | Dwarf Serviceberry | | | |
| *Betula alleghaniensis* | Yellow Birch | | Larval | Eastern Tiger Swallowtail, Mourning Cloak, White Admiral |
| *Betula papyrifera* | Paper Birch | | Larval | Eastern Tiger Swallowtail, Mourning Cloak, White Admiral |
| *Carpinus caroliniana* | Musclewood, American Hornbeam | | | |
| *Carya cordiformus* | Bitternut Hickory | | | |
| *Carya ovata* | Shagbark Hickory | | Larval | Hickory Hairstreak, Banded Hairstreak |
| *Celtis occidentalis* | Hackberry | | Larval | Mourning Cloak, Question Mark, Commas, Hackberry Emperor, Tawny Emperor, American Snout, Mourning Cloak |
| *Cornus alternifolia* | Pagoda Dogwood | | Larval | Spring Azure |
| *Crataegus crusgalli* | Cockspur Hawthorn | Nectar | | |
| *Crataegus mollis* | Downy Hawthorn | Nectar | | |
| *Crataegus punctata* | Dotted Hawthorn | Nectar | | |
| *Fraxinus americana* | White Ash | | Larval | Eastern Tiger Swallowtail |
| *Fraxinus nigra* | Black Ash | | Larval | Eastern Tiger Swallowtail |
| *Fraxinus pennsylvanica* | Green Ash | | | |
| *Juglans cinera* | Butternut | | | |
| *Juglans nigra* | Black Walnut | | | |
| *Malus ioensis* | Prairie Crabapple | | | |
| *Ostrya virginiana* | Ironwood, Hop Hornbeam | | | |
| *Platanus occidentalis* | Sycamore | | | |
| *Populus deltoides* | Cottonwood | | Larval | Eastern Tiger Swallowtail, Mourning Cloak, Viceroy, White Admiral, Red-spotted Purple, Dreamy Duskywing |
| *Populus grandidentata* | Bigtooth Aspen | | Larval | Eastern Tiger Swallowtail, Mourning Cloak, Viceroy, White Admiral, Red-spotted Purple, Dreamy Duskywing |
| *Populus tremuloides* | Quacking Aspen | | Larval | Eastern Tiger Swallowtail, Mourning Cloak, Viceroy, White Admiral, Red-spotted Purple, Dreamy Duskywing |
| *Prunus americana* | American Plum | Nectar | Larval | Red-spotted Purple, Viceroy, Admirals, Coral Hairstreak |
| *Prunus nigra* | Canadian Plum | | Larval | Red-spotted Purple, Viceroy, Admirals, Coral Hairstreak |
| *Prunus pensylvanica* | Pin Cherry | Nectar | Larval | Eastern Tiger Swallowtail, Viceroys, Admirals, Red-spotted Purple, Spring Azure, Coral Hairstreak |
| *Prunus serotina* | Black Cherry | Nectar | Larval | Eastern Tiger Swallowtail, Viceroys, Admirals, Red-spotted Purple, Spring Azure, Coral Hairstreak |
| *Prunus virginiana* | Choke Cherry | Nectar | Larval | Eastern Tiger Swallowtail, Viceroys, Admirals, Red-spotted Purple, Spring Azure, Coral Hairstreak |
| *Ptelea trifoliata* | Waferash | | | |
| *Quercus alba* | White Oak | Nectar | Larval | Red-spotted Purple, Banded Hairstreak, Edwards Hairstreak, Viceroy, Sleepy Duskywing, Horace's Duskywing |
| *Quercus bicolor* | Swamp White Oak | Nectar | Larval | Red-spotted Purple, Banded Hairstreak, Edwards Hairstreak, Viceroy, Sleepy Duskywing, Horace's Duskywing |
| *Quercus borealis* | Red Oak | Nectar | Larval | Red-spotted Purple, Banded Hairstreak, Edwards Hairstreak, Viceroy, Sleepy Duskywing, Horace's Duskywing |
| *Quercus coccinea* | Scarlet Oak | Nectar | Larval | Red-spotted Purple, Banded Hairstreak, Edwards Hairstreak, Viceroy, Sleepy Duskywing, Horace's Duskywing |
| *Quercus ellipsoidalis* | Northern Pin Oak | Nectar | Larval | Red-spotted Purple, Banded Hairstreak, Edwards Hairstreak, Viceroy, Sleepy Duskywing, Horace's Duskywing |
| *Quercus macrocarpa* | Bur Oak | Nectar | Larval | Red-spotted Purple, Banded Hairstreak, Edwards Hairstreak, Viceroy, Sleepy Duskywing, Horace's Duskywing |
| *Quercus velutina* | Black Oak | Nectar | Larval | Red-spotted Purple, Banded Hairstreak, Edwards Hairstreak, Viceroy, Sleepy Duskywing, Horace's Duskywing |

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|---|---|---|---|---|
| *Salix amygdaloides* | Peachleaf Willow | Nectar | Larval | Mourning Cloak, Viceroy, Red-spotted Purple, Eastern Tiger Swallowtail, Acadian Hairstreak, Dreamy Hairstreak |
| *Salix bebbiana* | Beaked Willow | Nectar | Larval | Mourning Cloak, Viceroy, Red-spotted Purple, Eastern Tiger Swallowtail, Acadian Hairstreak, Dreamy Hairstreak |
| *Salix discolor* | Pussy Willow | Nectar | Larval | Mourning Cloak, Viceroy, Red-spotted Purple, Eastern Tiger Swallowtail, Acadian Hairstreak, Dreamy Hairstreak |
| *Salix nigra* | Black Willow | Nectar | Larval | Mourning Cloak, Viceroy, Red-spotted Purple, Eastern Tiger Swallowtail, Acadian Hairstreak, Dreamy Hairstreak |
| *Tilia americana* | Northern Basswood , Linden | | Larval | Question Mark |
| *Ulmus americana* | American Elm | | Larval | Mourning Cloak, Question Mark, Commas |
| *Ulmus rubra* | Slippery Elm | | Larval | Mourning Cloak, Question Mark, Commas |
| *Xanthoxylum americanum* | Prickly Ash | | Larval | Giant Swallowtail |
| **Evergreens** | | | | |
| *Abies balsamea* | Balsam Fir | | | |
| *Juniperus virginiana* | Eastern Red Cedar | | Larval | Juniper Hairstreak |
| *Pinus banksiana* | Jack Pine | | Larval | Eastern Pine Elfin |
| *Pinus resinosa* | Red Pine | | | |
| *Pinus strobus* | White Pine | | Larval | Eastern Pine Elfin |
| **Shrubs** | | | | |
| *Amelanchier sanguinea* | Roundleaf Serviceberry | | | |
| *Aronia melanocarpa* | Black Chokeberry | | | |
| *Ceanothus americanus* | New Jersey Tea | | Larval | Mottled Duskywing |
| *Cephalanthus occidentalis* | Buttonbush | Nectar | Larval | Spring Azure |
| *Cornus amomum* | Silky Dogwood | Nectar | | |
| *Cornus canadensis* | Bunchberry | | Larval | Spring Azure |
| *Cornus racemosa* | Gray Dogwood | | Larval | Spring Azure |
| *Cornus rugosa* | Roundleaf Dogwood | | Larval | Spring Azure |
| *Cornus stolonifera* | Red-osier Dogwood | | Larval | Spring Azure |
| *Ilex verticillata* | Winterberry | | Larval | Spring Azure |
| *Potentilla fruticosa* | Shrubby Potentilla | | Larval | Dorcas Copper |
| *Rhus aromatica* | Fragrant Sumac | | | |
| *Rhus glabra* | Smooth Sumac | | | |
| *Rhus typhina* | Staghorn Sumac | | Larval | Spring Azure |
| *Ribes americanum* | American Black Currant | | Larval | Spring Azure |
| *Ribes cynosbati* | Prickly Gooseberry | | | |
| *Ribes missouriense* | Misssouri Gooseberry | | | |
| *Ribes odoratum* | Clove Currant | | | |
| *Rosa arkansana* | Prairie Rose | | | |
| *Rosa blanda* | Smooth Rose | | | |
| *Rosa carolina* | Pasture Rose, Carolina Rose | | | |
| *Sambucus canadensis* | Elderberry | | | |
| *Spiraea alba* | White Meadowsweet | | | |
| *Symphorocarpos albus* | Snowberry | Nectar | Larval | Spring Azure |
| *Vaccinium angustifolium* | Lowbush Blueberry | | Larval | Brown Elfin, Spring Azure, Pink-edged Sulphur |
| *Vaccinium corymbosum* | Highbush Blueberry | | Larval | Brown Elfin, Spring Azure, Pink-edged Sulphur |
| *Viburnum acerifolium* | Maple-Leaf Viburnum | | Larval | Brown Elfin, Spring Azure |

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|---|---|---|---|---|
| *Viburnum dentatum* | Arrowwood Viburnum | | Larval | Spring Azure |
| *Viburnum nudum* | Witherod Viburnum | | Larval | Spring Azure |
| *Viburnum rafinesquianum* | Downy Arrowwood | | Larval | Spring Azure |
| *Viburnum trilobum* | Highbush Cranberry | | Larval | Spring Azure |
| **Woodland Plants** | | | | |
| *Asarum canadense* | Wild Ginger | Nectar | | Pipevine Swallowtail |
| *Asclepias exaltata* | Poke Milkweed | Nectar | Larval | Monarch, Regal Fritillary, Clouded Sulphur |
| *Aster sagittifolius* | Arrow Leaved Aster | Nectar | Larval | Pearl Crescent |
| *Blephilia hirsuta* | Hairy Wood Mint | | | |
| *Fragaria virginiana* | Wild Strawberries | Nectar | | Gray Hairstreak |
| *Geranium maculatum* | Wild Geranium | | | |
| *Helianthus divaricatus* | Woodland Sunflower | Nectar | | Eastern Tiger Swallowtail |
| *Helianthus strumosus* | Woodland Sunflower | Nectar | | Eastern Tiger Swallowtail |
| *Houstonia caerulea* | Bluets | | | |
| *Lonicera dioica* | Limber Honeysuckle (Vine) | Nectar | | Swallowtails |
| *Mertensia virginica* | Virginia Bluebells | | | |
| *Phlox divaricata* | Woodland Phlox, Wild Blue Phlox | Nectar | | Clouded Sulphur |
| *Solidago flexicaulis* | Zig-zag Goldenrod | Nectar | Larval | Bronze Copper |
| *Solidago ulmifolia* | Elm Leaved Goldenrod | Nectar | Larval | Bronze Copper |
| *Viola canadensis* | Canadian White Violet | Nectar | | |
| *Viola labradorica* | Dog Violet | Nectar | | |
| *Viola pubescens* | Downy Yellow Violet | Nectar | | |
| *Viola sororia* | Common Blue Violet | Nectar | Larval | Great Spangled Fritillary, Meadow Fritillary, Aphrodite Fritillary, Variegated Fritillary |
| **Prairie Plants** | | | | |
| *Achillea millefolium* | Yarrow | Nectar | | Black Swallowtail, American Painted Lady |
| *Agastache foeniculum* | Lavendar Hyssop | | | |
| *Allium canadense* | Meadow Garlic, Wild Garlic | Nectar | | |
| *Allium cernuum* | Nodding Wild Onion | Nectar | | |
| *Amorpha canescens* | Leadplant | | Larval | Southern Dogface, Silver-spotted Skipper |
| *Anaphalis maragaritacea* | Pearly Everlasting | Nectar | Larval | American Painted Lady |
| *Angelica atropupurea* | Great Angelica | | | |
| *Apocynum androsaemifolium* | Spreading Dogbane | Nectar | | Aphrodite Fritillary |
| *Apocynum sibiricum* | Clasping Dogbane, Indian Hemp | Nectar | | Aphrodite Fritillary |
| *Aquilegia canadensis* | Columbine | | Larval | Columbine Duskywing |
| *Arabis lyrata* | Sand Cress | Nectar | | |
| *Asclepias amplexicaulis* | Clasping Milkweed | Nectar | Larval | Monarch, Regal Fritillary, Clouded Sulphur |
| *Asclepias incarnata* | Swamp Milkweed | Nectar | Larval | Monarch, Regal Fritillary, Clouded Sulphur, Bronzed Copper |
| *Asclepias sullivantii* | Prairie Milkweed | Nectar | Larval | Monarch, Regal Fritillary, Clouded Sulphur |
| *Asclepias syriaca* | Common Milkweed | Nectar | Larval | Monarch, Regal Fritillary, Clouded Sulphur, Great Spangled Fritillary |
| *Asclepias tuberosa* | Butterfly Milkweed | Nectar | Larval | Monarch, Regal Fritillary, Clouded Sulphur, Great Spangled Fritillary, Coral Hairstreak, Edwards Hairstreak |
| *Asclepias verticillata* | Whorled Milkweed | Nectar | Larval | Monarch, Regal Fritillary, Clouded Sulphur |
| *Asclepias viridiflora* | Short Green Milkweed | Nectar | Larval | Monarch, Regal Fritillary, Clouded Sulphur |

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|---|---|---|---|---|
| *Aster ericoides* | Heath Aster | Nectar | Larval | Pearl Crescent |
| *Aster firnum* | Shining Aster | Nectar | Larval | Pearl Crescent |
| *Aster laevis* | Smooth Blue Aster | Nectar | Larval | Pearl Crescent |
| *Aster lanceolatus* | Panicled Aster, Marsh Aster | Nectar | Larval | Pearl Crescent |
| *Aster lateriflorus* | Calico Aster | Nectar | Larval | Pearl Crescent |
| *Aster linariifolius* | Flax-leaved Aster | Nectar | Larval | Pearl Crescent |
| *Aster novae-angliae* | New England Aster | Nectar | Larval | Pearl Crescent, Common Checkered Skipper |
| *Aster oblongifolius* | Aromatic Aster | Nectar | Larval | Pearl Crescent |
| *Aster oolentangiense* | Sky Blue Aster | Nectar | Larval | Pearl Crescent |
| *Aster pilosus* | Frost Aster | Nectar | Larval | Pearl Crescent |
| *Aster prenanthoides* | Crooked Stem Aster | Nectar | Larval | Pearl Crescent |
| *Aster sericeus* | Silky Aster | Nectar | Larval | Pearl Crescent |
| *Astragalus canadensis* | Canadian Milk Vetch | | Larval | Eastern Tailed Blue, Other Blues |
| *Baptisia alba* | White Wild Indigo | | Larval | Wild Indigo Duckywing |
| *Baptisia bracteata* | Cream Wild indigo | | Larval | Wild Indigo Duskywing |
| *Bidens cernuus* | Beggar Ticks | Nectar | | |
| *Boltonia asteroides* | Boltonia | | | |
| *Callirhoe triangulata* | Poppy Mallow | | | |
| *Caltha palustris* | Marsh Marigold | | | |
| *Campanula americana* | Tall Bellflower | Nectar | | |
| *Chamaecrista fasciculata* | Partridge Pea | | Larval | Little Yellow |
| *Chelone glabra* | Turtlehead | | Larval | Baltimore Checkerspot, Buckeye |
| *Cirsium discolor* | Pasture Thistle | Nectar | Larval | Black Swallowtail, Aphrodite Fritillary, Great Spangled Fritillary, Regal Fritillary, Southern Dogface, Painted Lady |
| *Cirsium muticum* | Swamp Thistle | Nectar | Larval | Black Swallowtail, Aphrodite Fritillary, Great Spangled Fritillary, Regal Fritillary, Southern Dogface, Painted Lady |
| *Coreopsis lanceolata* | Sand Coreopsis | Nectar | | |
| *Coreopsis palmata* | Tickseed | Nectar | | |
| *Dalea candida* | White Prairie Clover | | | Southern Dogface |
| *Dalea purpurea* | Purple Prairie Clover | | | Southern Dogface |
| *Desmodium canadense* | Canada Tick Trefoil | | | Eastern Tailed Blue |
| *Desmodium illinoense* | Illinois Tick Trefoil | | | Eastern Tailed Blue |
| *Echinacea pallida* | Pale Purple Coneflower | Nectar | | |
| *Echinacea paradoxa* | Yellow Purple Conflower | | | |
| *Echinacea purpurea* | Purple Coneflower | Nectar | | |
| *Epilobium angustifoliium* | Fireweed | | | |
| *Erigeron annuus* | Annual Fleabane | Nectar | | |
| *Eryngium yuccifolium* | Rattlesnake Master | Nectar | | |
| *Eupatorium maculatum* | Spotted Joe Pye Weed | Nectar | | Great Spangled Fritillary |
| *Eupatorium perfoliatum* | Boneset | Nectar | | Bronze Copper |
| *Eupatorium purpureum* | Purple Joe Pye Weed | Nectar | | Great Spangled Fritillary |
| *Filipendula rubra* | Queen of the Prairie | | | |
| *Fragaria virginiana* | Wild Strawberries | Nectar | | Gray Hairstreak |
| *Geranium maculatum* | Wild Geranium | Nectar | | |
| *Helenium autumnale* | Sneezeweed | Nectar | Larval | Dainty Sulphur |

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| Genus Species | Common Name | Food | Larval Plant | Butterfly |
|---|---|---|---|---|
| *Helianthemum bicknellii* | Bicknell's Rock Rose | | | |
| *Helianthemum canadense* | Rock Rose | | | |
| *Helianthus grosseserratus* | Saw-tooth Sunflower | Nectar | | Eastern Tiger Swallowtail |
| *Helianthus histutus* | Hairy Sunflower | Nectar | | Eastern Tiger Swallowtail |
| *Helianthus laetiflorus* | Showy Sunflower | Nectar | | Eastern Tiger Swallowtail |
| *Helianthus mollis* | Downy Sunflower | Nectar | | Eastern Tiger Swallowtail |
| *Helianthus occidentalis* | Western Sunflower | Nectar | | Eastern Tiger Swallowtail |
| *Helianthus strumosus* | Rough-Leaved Goldenrod | Nectar | | Eastern Tiger Swallowtail |
| *Heliopsis helianthoides* | Ox-eye Sunflower | Nectar | | |
| *Heuchera richardsonii* | Prairie Alum Root | | | |
| *Hieracium longipilum* | Long-haired Hawkweed | Nectar | | Northern Cloudywing |
| *Houstonia caerulea* | Bluets | | | |
| *Impatiens capensis* | Orange Jewelweed | Nectar | | Spicebush Swallowtail |
| *Iris virginica* | Wild Blue Flag Iris | Nectar | | |
| *Lathyrus palustris* | Marsh Vetchling | Nectar | | Silver-spotted Skipper |
| *Lathyrus venosus* | Veiny Pea | Nectar | | Silver-spotted Skipper |
| *Lespedeza capitata* | Round-Headed Bush Clover | Nectar | | Silver-spotted Skipper, Eastern Tailed Blue |
| *Liatris aspera* | Rough Blazing Star | Nectar | | Eastern Tiger Swallowtail, Regal Fritillary |
| *Liatris cylindracea* | Cylindrical Blazing Star | Nectar | | Eastern Tiger Swallowtail, Regal Fritillary |
| *Liatris ligulistylis* | Northern Plains Blazing Star, Showy Blazing Star | Nectar | | Eastern Tiger Swallowtail, Regal Fritillary |
| *Liatris pycnostachya* | Thick Spike Gayfeather | Nectar | | Eastern Tiger Swallowtail, Regal Fritillary |
| *Liatris spicata* | Marsh Blazing Star | Nectar | | Eastern Tiger Swallowtail, Regal Fritillary |
| *Lilium michiganense* | Turk's Cap Lily | | | |
| *Lithospermum canescens* | Hoary Puccoon | | | |
| *Lithospermum caroliniense* | Hairy Puccoon | | | |
| *Lobelia cardinalis* | Cardinal Flower | | | Cloudless Sulphur |
| *Lobelia siphilitica* | Great Blue Lobelia | | | |
| *Lythrum alatum* | Winged Loosestrife | | | |
| *Lupinus perennis* | Wild Blue Lupine | Nectar | Larval | Silvery Blue, Eastern Tailed Blue, 'Karner' Melissa Blue, Orange Sulphur, Henry's Elfin, Wild Indigo Duskywing, Persius Duskywing |
| *Mentha arvensis* | Wild Mint | | | |
| *Monarda fistulosa* | Bergamot, Bee Balm | Nectar | | Eastern Tiger Swallowtail |
| *Monarda punctata* | Spotted Bergamot | Nectar | | Eastern Tiger Swallowtail |
| *Napaea dioica* | Glade Mallow | | | |
| *Oenothera biennis* | Evening Primrose | | | |
| *Oenothera clelandii* | Sand Evening Primrose | | | |
| *Oenothera perennis* | Small Evening Primrose | | | |
| *Penstemon digitalis* | Tall Beard Tongue | | | |
| *Penstemon gracilis* | Slender Penstemon | | | |
| *Penstemon grandiflora* | Large Penstemon | | | |
| *Phlox glaberrima* | Smooth Phlox | Nectar | | Clouded Sulphur |
| *Phlox pilosa* | Downy Phlox | Nectar | | Clouded Sulphur |
| *Physostegia virginiana* | Obedient Plant, False Dragonhead | Nectar | | |
| *Polygonum amphibium* | Water Smartweed | | Larval | Purplish Copper |

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|---|---|---|---|---|
| *Polygonum sagittatum* | Arrow Leaved Tear Thumb | | Larval | Purplish Copper |
| *Pontederia cordata* | Pickerelweed | | | |
| *Prunella vulgaris* | Heal All, Self Heal | Nectar | | |
| *Pseudognaphalium obtusifolium* | Sweet Everlasting | | Larval | American Painted Lady |
| *Pycnanthemum virginianum* | Virginia Mountain Mint | Nectar | | |
| *Ratibida pinnata* | Yellow Coneflower | | | |
| *Rudbeckia hirta* | Black-eyed Susan | Nectar | | |
| *Rudbeckia subtomentosa* | Sweet Black-eyed Susan | Nectar | | |
| *Rudbeckia triloba* | Brown-eyed Susan | Nectar | | |
| *Ruellia humilis* | Wild Petunia | | | |
| *Rumex spp.* | Docks, Sorrels | | Larval | Gray Copper, Purplish Copper |
| *Senna hebecarpa* | Wild Sensitive Plant | | Larval | Cloudless Sulphur |
| *Silphium integrifolium* | Rosinweed | Nectar | | |
| *Silphium laciniatum* | Compass Plant | Nectar | | |
| *Silphium perfoliatum* | Cup Plant | Nectar | | |
| *Silphium terebinthinaceum* | Prairie Dock | Nectar | | |
| *Solidago caesia* | Blue Stemmed Goldenrod | Nectar | Larval | Bronze Copper |
| *Solidago canadensis* | Canadian Goldenrod | Nectar | Larval | Bronze Copper |
| *Solidago gigantea* | Late Goldenrod | Nectar | Larval | Bronze Copper |
| *Solidago missouriensis* | Missouri Goldenrod | Nectar | Larval | Bronze Copper |
| *Solidago nemoralis* | Old-field Goldenrod | Nectar | Larval | Bronze Copper |
| *Solidago ptarmicoides* | Prairie Goldenrod | Nectar | Larval | Bronze Copper |
| *Solidago riddellii* | Ridell's Goldenrod | Nectar | Larval | Bronze Copper |
| *Solidago rigida* | Stiff Goldenrod | Nectar | Larval | Bronze Copper |
| *Solidago speciosa* | Showy Goldenrod | Nectar | Larval | Bronze Copper |
| *Solidago ulmifolia* | Elm-leaved Goldenrod | Nectar | Larval | Bronze Copper |
| *Taenidia integerrima* | Yellow Pimpernel | | | |
| *Tradescantia ohiensis* | Spiderwort | Nectar | | |
| *Urtica dioica* | Stinging Nettle | | Larval | Red-spotted Admiral, Question Mark, Commas |
| *Verbena hastata* | Blue Vervain | Nectar | | |
| *Verbena stricta* | Hoary Vervain | Nectar | | |
| *Vernonia fasciculata* | Ironweed | Nectar | | |
| *Veronicastrum virginicum* | Culver's Root | Nectar | | |
| *Vicia villosa* | Hairy Vetch | Nectar | Larval | Gray Hairstreak, Eastern Tailed Blue, Other Blues, Orange Sulphur |
| *Vicia americana* | American Vetch | Nectar | Larval | Gray Hairstreak, Eastern Tailed Blue, Other Blues, Orange Sulphur |
| *Viola pedata* | Birdsfoot Violet | Nectar | | |
| *Viola pedatifida* | Prairie Violet | Nectar | | |
| *Viola sagittatta* | Arrow-leaved Violet | Nectar | | |
| *Viola sororia* | Common Blue Violet | Nectar | Larval | Great Spangled Fritillary, Meadow Fritillary, Aphrodite Fritillary, Variegated Fritillary |
| *Zizia aptera* | Heartleaf Golden Alexander | Nectar | | |
| *Zizia aurea* | Golden Alexander | Nectar | | |
| **Prairie Grasses** | | | Larval | Common Wood Nymph, Little Wood Satyr, Eyed Brown, Common Ringlet, Other Skippers |